

INFORMATION ON PREMEDICATION FOR ADULTS

Premedication is used to help a patient to relax due to dental anxiety and/or a more demanding procedure.

BEFORE PREMEDICATION

- do not eat anything for 4 hours and do not drink anything for 2 hours (no grapefruit juice at all before or after the procedure)
- some health conditions or medicines prevent safe use of premedication. Before the operation or procedure, do tell your dentist about any medication, illnesses, or allergies you may have.
- premedication cannot be administered if you cannot breathe through your nose, for instance because of a respiratory infection.

AFTER THE PROCEDURE FOR 24 HOURS

- no alcohol
Alcohol (including beer) intensifies the effect of sedatives.
- no driving a vehicle or working machines
- we do not recommend you make important decisions or sign contracts

You must take it easy and rest after the procedure. Speedy activities and sports are not allowed. Avoid also climbing stairs and excessive walking.

The patient will be discharged with an accompanying person. Also, a taxi-driver is regarded as an accompanying person. Someone must be at home to monitor the patient for his or her safety.

If problems occur:

If you have breathing problems, exceptional bleeding, if you feel sick or are sick or otherwise find the situation confusing, call weekdays to your own dentist or weekday evenings, weekends, and public holidays tel. 116 117.

Jyväskylä, Hankasalmi, Uurainen p. 014 266 0126

Jämsä, p. 014 336 5500

Laukaa, Keuruu ja Joutsa alueet p. 014 269 0333

Muurame p. 014 266 2743

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