

Colposcopy

When your Pap or HPV test has shown abnormal results, your doctor may recommend colposcopy in Gynecological outpatient clinic, Hospital Nova (Naistentautiyksikkö, Sairaala Nova).

Colposcopy is a procedure to closely examine your cervix, vagina, and vulva for signs of disease. During colposcopy, your doctor uses a special instrument called a colposcope. — an instrument that looks like binoculars with a bright light mounted on a stand. If your doctor finds an unusual area of cells during colposcopy, a sample of tissue can be collected for laboratory testing (biopsy). The colposcopy procedure is nearly pain-free. Colposcopy and biopsy usually take about 10 minutes and there is no need for sick leave.

Schedule your colposcopy for when you are not having your period. Heavy bleeding makes it harder for your doctor to see your cervix.

If you have a biopsy, you may feel some soreness in your vagina for a day or two. Some vaginal bleeding or discharge is normal for up to a week after a biopsy; sometimes it can last until your next periods. Do not have vaginal intercourse for two weeks, to allow time for your cervix to heal.

Contact the clinic if you have:

- Heavy vaginal bleeding (more than a normal menstrual period)
- A fever
- Abdominal pain
- Bad-smelling vaginal discharge

Biopsy results and follow-up instructions you will receive at patient data repository webpage kanta.fi or if needed by letter.

You can call if you have any questions or concerns:

Naistentauti- ja äitiysyksikkö 014 **2691023** Monday to Friday 8.00-14.00