

## Administering a bronchodilating asthma medicine (Ventoline Evohaler®) at home

For your child's acute respiratory distress or diagnosed long-term bronchitis has been prescribed medicine that opens the airways, Ventoline Evohaler®. In this guideline you will be told you how to administer the medicine and how, if your child has breathing difficulties, you should do at home.

The medicine is given **as needed for symptoms** that make breathing difficult (e.g. cough, breathlessness). The medicine takes effect in just a few minutes and lasts for about 4 to 6 hours.

**The doses of the medicine are administered according to the doctor's instructions. For acute respiratory distress and in the event of worsening symptoms, Ventoline Evohaler® can be given for 4 doses 4 times a day for 4 days.**

### Administration of the medicine with a spacer (AeroChamber®):

Administer **1** puff (dose) of the medicine into the spacer.

The child inhales the medicine:

1. Remove the cap of the mouthpiece of the dosing sprayer
2. Shake the dosage sprayer
  - If you are using the dosing sprayer for the first time or the dosing sprayer have not used for five days or more, you must release two doses into the air after shaking.
3. Connect the dosage sprayer to the spacer
4. Place the spacer between the lips or mask tightly over the face. The spacer should be horizontal.
5. Dispense 1 spray dose of the medicine into the spacer.
6. The child inhales the medicine:
  - with the mask -> 5-6 times with the mask over the nose and mouth
  - without mask -> 3 times back and forth with the mouthpiece tightly between the lips and teeth

If the medicine does not help and the breathing difficulty makes difficult to speak, eat or sleep, consult a doctor immediately. It is important to count and record the doses of medicine used, as the medicine it is impossible to tell when you have run out of medicine. Ventoline Evohaler® inhalation spray contains 200 doses.

If necessary, you can call

- Clients of the Paediatric Outpatient Clinic tel. 014 269 1224 (Mon-Fri 8-12:15)
- Immediately after ward treatment, Paediatric ward tel. 014 269 1001
- During on-call hours for urgent cases On-call assistance tel. 116 117